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Interviews: 2330 adults
Dates: November 20-December 1, 2015

FINAL

Study #11700
Time Longevity Online Survey
November/December 2015

48 Male 52 Female [109]

Please note: all results are shown as percentages unless otherwise stated.

1. All things considered, how happy or unhappy are you with your life as a whole these days?

Very happy	34	[122]
Somewhat happy	43	
Neither happy nor unhappy	12	
Somewhat unhappy	8	
Very unhappy	3	
Total Happy	77	
Total Unhappy	11	

Next are some questions about life for Americans generally.

2. Compared with 15 years ago, do you think there are more challenges or more opportunities for people today?

More challenges for people today	71	[123]
More opportunities for people today	29	

3. Would you say that compared with your parents, your adult life has been better, about the same, or worse?

Better than parents' life.....	52	[124]
About the same as parents' life	29	
Worse than parents' life.....	19	

4. Do you feel confident or not confident that life for your children's generation will be better than it has been for us?

	<u>11-12/15</u>	<u>12/01</u>	<u>9/93</u>	<u>12/92</u>	<u>12/91+¹</u>	<u>10/90+</u>	
Feel confident.....	38	49	25	41	44	50	[125]
Do not feel confident	62	42	68	52	51	45	
Not sure	NA	9	7	7	5	5	

¹ In December 1991, question was phrased, "Do you feel very confident, fairly confident, or not at all confident that life for our children will be better than it has been for us?"

+ Results shown reflect responses among registered voters.

5a. When it comes to future generations, do you think your generation will be judged as leaving the world better off, about the same, or worse off?

Better off.....	18	[126]
About the same	38	
Worse off	44	

5b. Now thinking specifically about different issues, compared with other generations, do you think your generation will leave the United States better off, worse off, or about the same in terms of **(READ ITEM)**?

THIS TABLE HAS BEEN RANKED BY THE PERCENTAGE WHO SAY BETTER OFF

	Better <u>Off</u>	About The <u>Same</u>	Worse <u>Off</u>	
A more just and fair society	24	39	37	[129]
A good environment.....	23	38	39	[128]
A healthy economy	18	38	44	[127]
A nation safe and secure from foreign enemies.....	13	35	52	[130]

These next questions are about how things are going in your life these days.

6. Generally speaking, when you think about your life right now, would you say this is **(READ ITEM)**?

One of the best times in your life.....	20	[131]
A good time, but not the best	41	
An average time--neither good nor bad	20	
A difficult time, but not the worst	14	
One of the most difficult times in your life	5	

7. Thinking about each of the following areas of your life, please indicate on the whole whether you feel happy, unhappy, or neither happy nor unhappy with that aspect of your life.

THIS TABLE HAS BEEN RANKED BY THE PERCENTAGE WHO SAY HAPPY

	<u>Happy</u>	Neither Happy Nor <u>Unhappy</u>	<u>Unhappy</u>	
Your relationships with family and friends.....	70	23	7	[134]
Your alcohol, drug, and cigarette use	62	30	8	[136]
Your level of education	57	32	11	[137]
Your job or career	45	38	17	[135]
Your financial situation.....	36	34	30	[132]
Your weight.....	33	31	36	[133]

8. Below are some personal concerns people might have. We'd like to know how much each one tends to worry you right now. Please indicate how concerned you are about each one these days.

THIS TABLE HAS BEEN RANKED BY THE PERCENTAGE WHO SAY VERY OR FAIRLY CONCERNED

	Very <u>Concerned</u>	Fairly <u>Concerned</u>	Just Somewhat <u>Concerned</u>	Not <u>Concerned</u>	
Staying healthy and avoiding serious illness	30	31	28	11	[139]
Running out of money	31	25	28	16	[138]
Being useful	16	27	26	31	[141]
Being lonely.....	14	19	23	44	[140]

9a. What's the bigger challenge for you?

Not eating enough foods that are good for you	18	[142]
Eating too much food that is bad for you.....	18	
Both are equally big challenges	38	
Neither are challenges	26	

9b. How many times a week do you eat dinner (your largest meal of the day) at home?

0-2	9	[143]
3-4	18	
5	21	
6	22	
7	30	
Mean	5.3	

10. Below are some different relationships people have. Which two or three of the following are most central to your life on a day-to-day basis?

THIS TABLE HAS BEEN RANKED BY THE HIGHEST PERCENTAGE

Spouse, partner, significant other	67	[144-145]
Your child or children.....	51	>
Parent.....	32	
Friend	28	
Pet.....	24	
Sibling.....	17	
Grandchild.....	14	
Co-worker.....	10	
Other	2	
None of these	3	

11. Is at least one of your parents alive?

At least one is alive	68	CONTINUE	[146]
Both are deceased	30	Skip to Q.13a	
Not sure.....	2		

(ASK ONLY OF RESPONDENTS WHO SAY THEY HAVE AT LEAST ONE PARENT WHO IS ALIVE IN Q.11.)

12a. To what extent do you currently receive financial support from your parents to help meet expenses?

A great deal.....	5	[147]
A fair amount.....	6	
Just somewhat	7	
Not that much.....	8	
Not at all.....	42	
Parents deceased/not sure (Q.11)	32	
Total A Great Deal/Fair Amount	11	
Total Not That Much/Not At All	50	

(ASK ONLY OF RESPONDENTS WHO SAY THEY HAVE AT LEAST ONE PARENT WHO IS ALIVE IN Q11.)

12b. To what extent do your parents receive financial support from you to help meet expenses?

A great deal.....	3	[148]
A fair amount.....	5	
Just somewhat.....	9	
Not that much.....	11	
Not at all.....	40	
Parents deceased/not sure (Q.11).....	32	
Total A Great Deal/Fair Amount	8	
Total Not That Much/Not At All	51	

(ASK ONLY OF RESPONDENTS WHO SAY THEY HAVE AT LEAST ONE PARENT WHO IS ALIVE IN Q11.)

12c. Looking ahead, to what extent do you think your parents will rely on you for financial support in the future?

A great deal.....	4	[149]
A fair amount.....	10	
Just somewhat.....	13	
Not that much.....	16	
Not at all.....	25	
Parents deceased/not sure (Q.11).....	32	
Total A Great Deal/Fair Amount	14	
Total Not That Much/Not At All	41	

On to a different topic now...

13a. To what age do you personally expect to live?

100 or older.....	11	[150-152]
90-99.....	24	
80-89.....	38	
70-79.....	18	
60-69.....	6	
Less than 60.....	3	
Mean	83.9	

13b. When you think about how long you expect to live, are you more...?

Hopeful and optimistic.....	75	[153]
Worried and concerned.....	25	

14. When you think about getting older and moving into your later years in life, do you think about mostly good things or mostly bad things?

Mostly good things.....	74	[154]
Mostly bad things.....	26	

15. At what age do you consider a person "old?"

100 or older.....	5	[155-157]
90-99.....	9	
80-89.....	24	
70-79.....	31	
60-69.....	20	
50-59.....	8	
Less than 50.....	3	
Mean	73.4	

16. Here are some words people might use to describe what life is like for people who are "old." Please select the two or three words that you think best describe what life is like for people who are "old."

THIS TABLE HAS BEEN RANKED BY THE HIGHEST PERCENTAGE

Relaxing	37	[158-159]
Lonely.....	33	>
Stable.....	26	
Boring.....	22	
Fulfilling.....	18	
Confusing.....	18	
Meaningful.....	18	
Sad.....	17	
Stressful.....	14	
Active.....	10	
Fun.....	8	
Adventuresome.....	7	
Busy.....	5	
Exciting.....	4	
Stimulating.....	2	
Not sure/no idea.....	8	

17. How important would you say each of the following is for living a long and healthy life

THIS TABLE HAS BEEN RANKED BY THE PERCENTAGE WHO SAY ESSENTIAL OR VERY IMPORTANT

	Total Essential/ Very Important						
		<u>Essential</u>	<u>Very Important</u>	<u>Moderately Important</u>	<u>Only Slightly Important</u>	<u>Not Important At All</u>	
Having good relationships with family and friends	84	47	37	13	2	1	[164]
Avoiding cigarette smoking, drug use, or too much alcohol.....	82	53	29	12	3	3	[166]
Eating healthy foods (e.g., fresh vegetables and fruit).....	81	40	41	16	2	1	[162]
Getting regular exercise	80	39	41	17	2	1	[161]
Being financially secure	77	36	41	19	3	1	[160]
Avoiding unhealthy foods (e.g., high in sugar or saturated fats).....	67	27	40	26	5	2	[163]
Having a good job or career.....	53	19	34	31	10	6	[165]
Having a college education.....	31	12	19	27	20	22	[167]

18. Now where would you place yourself currently in each of these areas?

THIS TABLE HAS BEEN RANKED BY THE PERCENTAGE WHO SAY ALREADY DOING WELL

	<u>Already Doing Well</u>	<u>Fairly Actively Working On Concerned</u>	<u>Would Like To Work On In The Future</u>	<u>Not Something I'm Concerned About</u>	
Having good relationships with family and friends	55	31	9	5	[172]
Avoiding cigarette smoking, drug use, or too much alcohol....	55	15	12	18	[174]
Having a college education.....	36	12	13	39	[175]
Having a good job or career	31	30	15	24	[173]
Eating healthy foods (e.g., fresh vegetables and fruit).....	25	53	18	4	[170]
Getting regular exercise.....	24	43	29	4	[169]
Being financially secure	20	56	20	4	[168]
Avoiding unhealthy foods (e.g., high in sugar or saturated fats).....	18	52	22	8	[171]

19. Think of the ladder below as representing where people stand in our society. At the top of the ladder are people who are the best off, those with the most money, most education, and best jobs. At the bottom are the people who are the worst off, those who have the least money, least education, and worst jobs or no job at all. Which step of the ladder best represents where you stand?

8-10, best off.....	28	[176-177]
6-7	39	
5	17	
3-4	11	
0-2, worse off.....	5	
Mean	6.3	

20a. When it comes to living longer, are you... ?

Making serious efforts to try to live longer.....	31	[178]
Making some efforts try to live longer, but nothing major	54	
Not really making any effort to try to live longer	15	

20b. Here are some areas in which people might take actions to try to live longer. In which of these areas, if any, are you actively making efforts to try to live longer?

THIS TABLE HAS BEEN RANKED BY THE HIGHEST PERCENTAGE

Food and diet	70	[179]
Exercise.....	63	>
Taking medical precautions.....	45	
Financial	45	
Social life and activity	39	
None of these	6	

21a. At what age do you want to stop working in your current profession or occupation?

80 or older.....	5	[208-210]
70-79.....	13	
66-69.....	7	
65.....	21	
60-64.....	23	
50-59.....	21	
Less than 50.....	10	
Mean	61.0	

21b. At what age do you want to stop working in any paid job?

80 or older.....	6	[211-213]
70-79.....	19	
66-69.....	7	
65.....	22	
60-64.....	23	
50-59.....	17	
Less than 50.....	6	
Mean	63.5	

22a. Would you like to live to be 100 if you could do so in good health?

YES, definitely would like to live to 100.....	48	[214]
YES, probably would like to live to 100.....	29	
NO, probably would not like to live to 100.....	17	
NO, definitely would not like to live to 100.....	6	
Total Would Like to Live To 100	77	
Total Would Not Like to Live To 100	23	

22b. Based on your health and what you know about your family's health history, do you expect to live to 100 years of age?

Will definitely live to at least 100.....	8	[215]
Will probably live to at least 100.....	22	
Will probably NOT live to 100.....	55	
Will definitely NOT live to 100.....	15	
Total Will Live To 100	30	
Total Will Not live To 100	70	

22c. Do you believe you will have the financial means to live and support yourself to the age of 100?

Definitely will have financial means.....	14	[216]
Probably will have financial means.....	42	
Probably will not have financial means.....	30	
Definitely will not have financial means.....	14	
Total Will Have Financial Means	56	
Total Will Not Have Financial Means	44	

23. Do you think that older people in their 70s and 80s add more value in wisdom, financial resources, and caring for others, or do you think they detract more in terms of resources they require in health and public services?

Add more	50	[217]
Detract more.....	13	
About equal	37	

24a. Think for a moment about what life is like for people who are “old”...

What is appealing to you about getting “old?” What do you look forward to about being “old?” **[218-224]**

Time to spend with my family, time to enjoy my family	12%
Time to relax, relaxation	10
Nothing, none, nothing appealing about getting old	10
Traveling, more time to travel, to go wherever I want to go	10
Time to enjoy grandkids, seeing my grandchildren grow up	9
Not working, not having to work, not having to get up to go to work	9
-----	-----
Don't know; no response	6

24b. What scares you about getting “old?” What worries you about being “old?” **[225-231]**

Health concerns, getting sick, illness, poor health	36%
Financial concerns, lack of money, no financial security, not having enough money, being poor	15
Loneliness, being alone living by myself	10
Death, dying	8
None, nothing	7
Not being able to take care of myself, relying on other to help me, losing my independence	7
-----	-----
Don't know; no response	4

FACTUALS: The next few questions are for statistical purposes only.

F1. Which of these best describes your current situation?

Employed full time	50	[232]
Employed part time.....	10	
Student	5	
Homemaker.....	8	
Retired.....	20	
Unemployed, looking for work	4	
Other	3	

F2. What is your marital status?

Married, living with spouse	57	[233]
Separated.....	2	
Divorced	10	
Widowed.....	4	
Single, never married	23	
Domestic partnership.....	4	

F3. How would you describe the area in which you live?

Urban.....	31	[234]
Suburban.....	39	
Small town.....	16	
Rural.....	14	

F4. Thinking about your general approach to issues, do you consider yourself to be...?

Very conservative	13	[235]
Somewhat conservative	24	
Middle of the road	35	
Somewhat liberal.....	17	
Very liberal	11	
Total Conservative	37	
Total Liberal	28	

F5. Please indicate whether each of the following descriptions applies to you.

	Yes, Applies To Me	No, Does Not Apply To Me	
A child under age 18 currently lives in my household that I am responsible for raising	30	70	[236]
A close family member (parent, grandparent, aunt/uncle) is over age 70	68	32	[237]
I am currently responsible for providing care for an elderly family member	14	86	[238]
I volunteer at least five hours a week.....	16	84	[239]
I am currently receiving regular treatment or making regular doctor visits for a chronic health problem	30	70	[240]
In the past, I have had a major illness or health issue such as cancer or a heart attack...	16	84	[241]
I have a pet	57	43	[242]

F6. If you added together the yearly income of all the members of your family who were living at home last year, what would the total be?

Less than \$10,000	4	[243-244]
Between \$10,000 and \$20,000	6	
Between \$20,000 and \$30,000	9	
Between \$30,000 and \$40,000	9	
Between \$40,000 and \$50,000	9	
Between \$50,000 and \$75,000	19	
Between \$75,000 and \$100,000	14	
Between \$100,000 and \$150,000	14	
More than \$150,000.....	8	
Prefer not to say.....	8	

S1c. In what year were you born?

18-24	9	[116-117]
25-29	10	
30-34	10	
35-39	9	
40-44	9	
45-49	9	
50-54	10	
55-59	9	
60-64	8	
65-69	8	
70-74	5	
75 and over	4	

S2. What is the last grade that you completed in school?

Grade school	1	[118]
Some high school	4	
High school graduate	29	
Some college, no degree	20	
Vocational training/2-year college	10	
4-year college/bachelor's degree	20	
Some postgraduate work, no degree	3	
2 or 3 years' postgraduate work/master's degree ...	10	
Doctoral/law degree	3	

S3ab. For statistical purposes only, are you from a Hispanic, Latino, or Spanish-speaking background? What racial or ethnic group best describes you?

White	69	[119-120]
Black/African American	12	
Hispanic or Latino	13	
Asian or Asian American	3	
Native American	-	
Mixed Race	2	
Other	1	

S4. Regardless of how you may be registered, how would you describe your overall point of view in terms of the political parties?

Mostly Democratic	26	[121]
Leaning Democratic	15	
Completely independent	13	
Leaning Republican	16	
Mostly Republican	20	
Not sure	10	
Total Democratic	41	
Total Republican	36	